



OCTOBER 23RD – 27TH 2017

MHFA TRAIN THE TRAINER EVENT

Presented by NAMI PA Blair County in association with the Blair County Department of Social Services, Blair Healthchoices, and Community Care Behavioral Health.

Mental Health First Aid

Mental Health First Aid takes the fear and hesitation out of starting conversations about mental health and substance use problems by improving understanding and providing an action plan that teaches people to safely and responsibly identify and address a potential mental illness or substance use disorder.

Instructors are the **KEY** to spreading MHFA across the country. Upon successful completion of this course, you will become certified to teach the eight hour Mental Health First Aid program in your community and beyond. You will share your knowledge to help make a difference in the lives of others.

Reasons to become a MHFA Instructor:

- Connect- Bring your community together.
- Educate- Build mental health literacy.
- Advocate- Reduce negative attitudes about mental illness.
- Lead- Show others how they can help.

Please submit completed application no later than September 1, 2017.

SAEMS COUNCIL

**2900 Beale Avenue
Altoona, PA**

8:00 am to 4:30 pm

The cost for this FIVE day all-inclusive training (breakfast and lunch are provided each day) is \$500 for those serving Blair County. Those serving other counties are welcomed at a rate of \$1,000.

FOR AN APPLICATION CONTACT

NAMI PA Blair County

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(814) 940-7440