Reducing Justice Involvement For People with Mental Illness

Patty Griffin, PhD
• Funded by:
  – Pennsylvania Commission on Crime and Delinquency (PCCD)
  – Department of Public Welfare Office of Mental Health and Substance Abuse Services (OMHSAS)
• Oversight by the Mental Health and Justice Advisory Committee of PCCD
• Collaboration between Drexel University and Western Psychiatric Institute and Clinic of University of Pittsburgh Medical School
Edward P. Mulvey, Ph.D.

• Co-director, Center of Excellence
• Professor of Psychiatry, University of Pittsburgh School of Medicine
  • 25 years of applied research regarding the intersection of justice and mental health systems, assessment of violence risk, and the treatment of violent individuals
  • Consultant to numerous national organizations
• Interests
  • How clinicians and court personnel make judgments
  • Juvenile offenders
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Kirk Heilbrun, Ph.D.

• Co-director, Center of Excellence
• Professor and Head, Department of Psychology, Drexel University
• Director, Forensic Evaluation Project
• Professional and Research Areas
  • Evaluating defendants for courts
  • Evaluating offenders for reentry
  • Planning interventions to reduce risk of reoffending
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Carol A. Schubert, M.P.H.

- Senior Consultant, Center for Excellence
  - Design of data collection instruments, the organization of datasets and the interpretation of administrative databases
  - Supervise technical staff for web site development and data management issues
- Research Program Administrator, Law and Psychiatry Program, Western Psychiatric Institute and Clinic
  - 24 years of experience: data collection, study management, data analysis and writing with multiple studies involving both mentally ill and justice-involved individuals
  - Integration of large scale administrative and research databases
- Interests
  - Improving conditions for marginalized individuals with mental illness or justice involvement
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David DeMatteo, J.D., Ph.D.

- Senior Consultant, Center for Excellence
- Assistant Professor, Department of Psychology, Drexel University
- Co-Director, JD/PhD Program in Law and Psychology, Drexel University
- Professional and Research Interests
  - Evaluating defendants for courts
  - Conducting research in drug treatment courts
  - Evaluating jail reentry programs
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Patricia A. Griffin, Ph.D.

- Senior Consultant, Center for Excellence
- Other consultation:
  - CMHS National GAINS Center & TAPA Center for Jail Diversion
  - Philadelphia Dept. of Behavioral Health
  - Montgomery Dept. of Behavioral Health
  - Southeast Region
  - A number of other states and localities
- Interests:
  - Jail Diversion, MH Courts, Reentry, Conditional Release, and other community alternatives to incarceration and hospitalization
  - Helping communities plan and build strong CJ/BH systems
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Benchmarks
Operated since 1995 as a national locus for the collection and dissemination of information about effective mental health and substance abuse services for people with co-occurring disorders in contact with the justice system

Primary focus on expanding access to community based services at all points of contact with the justice system

G – gathering information
A – assessing what works
I -- interpreting/integrating the facts
N – networking
S – stimulating change
Major Activities to Achieve Purposes:

- Policy-relevant research
- Consultation
- Continuing education
- Dissemination of information
  - National Conference
  - Website
  - Publications
- Technical Assistance
- National Leadership Forum
- Coordinating center for SAMHSA jail diversion grants
- Justice Leadership Initiative
- Veterans and Justice
- TAPA Center for Jail Diversion
- Center for Evidence-Based Programs in the Justice System
Major Purposes:

• National nonprofit that serves policymakers at local, state, and federal levels

• Provides practical, nonpartisan advice and consensus-driven strategies informed by available evidence, to increase public safety and strengthen communities
Major Activities to Achieve Purposes:

- Technical assistance to justice and mental health collaborators
- Provides “learning sites” making significant progress on complex CJ problems (mental health courts, corrections/mental health)
- Web-based learning
- Criminal Justice/Mental Health Consensus Project
- Reentry Policy Council
- Publications (briefs, how-to guides, and issue overviews) and presentations by national experts in mental health, reentry, justice reinvestment
• Established in 2001 with a grant from Ohio Dept. of Mental Health to Summit County Alcohol, Drug Addiction, and Mental Health Services Board

• ADM Board contracts with Northeastern Ohio University to run Center of Excellence (CoE)

• CoE assists counties to develop diversion programs to those with MH disorders
• Encourages county alliances between mental health and criminal justice systems
• Promotes Sequential Intercept Model to divert people with mental health disorders from unnecessary arrest and incarceration
• CoE website provides information on jail diversion in Ohio, summarizes relevant research, and provides links to state and national organizations
• Located within the Florida Mental Health Institute at the University of South Florida

• Funded by Florida Dept. of Children and Families with the JEHT Foundation

• Provides technical assistance to counties preparing grant applications
  – Application of the Sequential Intercept Model

• Assists counties to evaluate the effects of proposed interventions on detention facilities
• Assists counties to monitor effects of grant awards on county’s criminal justice systems
• Clearinghouse to disseminate best practices
• Coordinate & assist state interagency work groups
• Website provides document library, video archive, web resources, and service/training information
Pennsylvania Center of Excellence
Goals & Tools

• Diversion
  - Technical Assistance
  - Sequential Intercept Model
  - Cross Systems Mapping and Action Planning Workshops

• Education
  - Presentations
  - Consultation
  - Website
Primary Responsibilities: Philadelphia site

- Education coordination
- Overall project coordination
Primary Responsibilities:

Pittsburgh site

• Web-based resource center

• Data technical assistance
Web-based Resource Center

www.pacenterofexcellence.pitt.edu
Web Development Principles

• Useful
• Accurate
• Timely
• Accessible
• Simple/clean
  - “3-click rule”
Web Content

• Links to relevant and important information
  - Practical tools
  - Funding announcements
  - Data collection/management tools

• Data
  - Implementation results
  - Outcomes
Technical Assistance Goals

• Specialized searches of resources
• Educational sessions for multiple locales
• Hands-on assistance to individual locales
  - Data collection and management
  - Data analysis assistance
  - Consultation regarding reporting
• Fostering peer-to-peer networks, state-wide, and nationally
The Pennsylvania Mental Health and Justice Center of Excellence is a collaborative effort of Drexel University and the University of Pittsburgh. It is funded by the Pennsylvania Commission on Crime & Delinquency and the Pennsylvania Office of Mental Health and Substance Abuse Services. The purpose of the Center is to work with Pennsylvania communities to identify points of interception at which an intervention can be made to prevent individuals with mental illness from entering or penetrating deeper into the criminal justice system. The Center will work collaboratively with the Commonwealth and locales in planning and implementing programs, providing information to promote their use of evidence-based practices and serve as a resource for technical assistance and training. The Center will also host a central repository for collected data and information on criminal justice/mental health responses throughout the Commonwealth of Pennsylvania.

Click here to view the official announcement from PCCD and OMHSAS regarding the creation of the Center of Excellence.

Feedback
- We would like your feedback about our site. Click here to send us your feedback and we will post it to our Bulletin Board.
- What has everyone been saying about the PA Center of Excellence? Click here to view our Bulletin Board.
Sequential Intercept Model as our Organizing Tool
Sequential Intercepts
Best Clinical Practices: The Ultimate Intercept

I. Law Enforcement/Emergency Services

II. Post-Arrest: Initial Detention/Initial Hearings

III. Post-Initial Hearings: Jail/Prison, Courts, Forensic Evaluations and Commitments

IV. Re-Entry From Jails, State Prisons, & Forensic Hospitalization

V. Community Corrections & Community Support

Munetz & Griffin
Psychiatric Services
57: 544–549, 2006
Five Key Points of Interception

1. Law enforcement / Emergency services
2. Booking / Initial court hearings
3. Jails / Courts
4. Re-entry
5. Community corrections / Community support
Sequential Intercepts for Change: Criminal Justice - Mental Health Partnerships

Intercept 1
Law enforcement / Emergency services

Intercept 2
Initial detention / Initial court hearings

Intercept 3
Jails / Courts

Intercept 4
Reentry

Intercept 5
Community corrections/Community support

Adapted from Miettinen & Griffin 2006
Cross-Systems Mapping
Cross-Systems Mapping

- Creating a Local Cross-Systems Map
  - This 1-day workshop visually depicts how people with mental illness come in contact with and flow through the criminal justice system
  - It brings together key stakeholders to tap into local expertise
  - A local map is created using the Sequential Intercept Model developed through the CMHS National GAINS Center at PRA
  - Opportunities and resources are identified for diverting people to treatment
  - Gaps in services are summarized

- Cross-Systems Mapping Exercise
  - Reflects how individuals move through the local criminal justice system
  - Indicates points for intervention or diversion of people with mental illness
  - Provides a visual depiction of the ways in which treatment systems interact with the local criminal justice system

- Priorities for Change
  - PRA provides examples of successful systems integration, promising programs, and emergent collaborations from around the U.S.
  - Participants determine areas where immediate steps will effect a more cohesive, integrated approach to service delivery
  - A local set of priorities for change

- Additional Benefits
  - This workshop facilitates cross-system communication
  - The Cross-Systems Mapping Exercise facilitates cross-system collaboration
  - This collaboration in turn improves the early identification of people with co-occurring disorders coming into contact with the criminal justice system, increases effective service linkage, reduces the likelihood of recycling through the criminal justice system, enhances community safety and improves quality of life

For information & pricing, contact PRA Training
Policy Research Associates, Inc.  345 Delaware Avenue  Delmar, NY 12054
518.439.7415  training@pra-inc.com

Policy Research Associates, Inc.—a national leader in mental health research and its application to social change since 1987, providing assistance to over 100 communities nationwide through a broad range of services to guide policy and practice.
Cross-Systems Mapping: Creating a Local Map

• Examine the process in a specific locality to identify ways to “intercept” persons with severe mental illness and co-occurring disorders to ensure:
  – Prompt access to treatment
  – Opportunities for diversion
  – Timely movement through criminal justice system
  – Linkage to community resources
Cross-Systems Mapping: Montgomery County
Existing Local Montgomery County Collaborative Efforts:

• Forensic Task Force
• Long-standing national recognition of the work of Montgomery County Emergency Services in police training and diversion
• Data sharing between jail and Office of Mental Health at admission to jail
• Shared funding between jail and Office of Mental Health for Inmate Services worker to focus on inmates with severe mental illness
• Recent implementation of evidence-based Critical Time Intervention team focusing on community transition for Comprehensive Homeless Outreach Center and the jail
• Specialized probation officers
Interventions currently occurring within Montgomery County according to Intercept stage:

**Intercept 1:**
- MCES Police Training School
- "911" can connect calls directly to mental health crisis support
- Mobile Crisis Support
- Rapid Access to emergency impatient
- "Cop Cards"

**Intercept 2:**
- Mental Health Manual for judges, public defenders and prosecutors
- Forensic Liaisons act as boundary spanners and can assist with:
  - Providing expert witness in court
  - Assist judges in pre-sentence planning

**Intercept 3:**
- Weekly electronic data sharing
- Identification of individuals with current mental health supports
- Rapid assessment at admission
- Shared and integrated funding arrangements
- Forensic Liaison

**Intercept 4:**
- Weekly electronic data sharing
- Shared and integrated funding arrangements
- Rapid assessment at admission
- Forensic team meets monthly to assess, plan and coordinate community resources
- Forensic Liaison

**Intercept 5:**
- Full array of community mental health services and supports
- Critical Time Intervention Team (CTI)
- Intensive probation units
Impetus for the Cross-Systems Mapping:

- 2008 Mental Health Courts joint funding announcement by Pennsylvania Commission on Crime and Delinquency and OMHSAS
  - State workshop on submitting the grants
  - Visual: Each agency went separately!
  - Writing of the grant became the tool for new partnerships
Proposed Structure to Plan for a Mental Health Court

- Phase 1 --- Education (Cross-Systems Mapping, Stephen Bush, the court visits), Hire Coordinator, Focus Groups with consumers/families

- Phase 2 --- Short period to take all the information and come up with a Montgomery County specific model

- Phase 3 --- Development of the court model
  - Development of the planning team: District Attorney, Public Defender, Jail, Adult Probation, President Judge, MH Court Judge, Court Administration, Magisterial District Judge, MCES, and County MH Office
  - Policies and procedures, court structure, eligibility participant, and team membership
Planning for the Cross-Systems Mapping

• Developed consensus to put the mapping workshop into the grant application
  – Met with judge and court administrator
  – Developed support of the new Criminal Justice Advisory Board

• Decisions to be made:
    • Facilitators -- Travis Parker and Patty Griffin
    • One day vs. day and a half workshop --- Cross-systems mapping vs. mapping plus action planning
  – Select participants/coordinate responses
  – Select location
  – FOOD!
Broad Representation – 40 people

- President Judge and Mental Health Court Judge
- Magisterial District Judge
- Court Administrator
- Representative of Police Chiefs
- Warden and Asst Wardens
  - Jail mental health staff
- Head of Probation and specialty Probation Officers
- Public Defenders and District Attorney’s office
- Family and consumer representation
- Sheriff’s Dept.
- Forensic Unit of Norristown State Hospital
- Comprehensive Homeless Outreach Center
- Office of BH --- both mental health and d & a; including chief psychiatrist
- Managed care company
- Mental Health providers: MCES and Base Service Unit case management
- Critical Time Intervention Team
Agenda for the One Day Mapping Workshop

- Workshop Overview
- Strategies for Systems Coordination & Collaboration
- The Sequential Intercept Model
- Creating a Cross-Systems Map for Montgomery County
- Identifying Gaps and Opportunities
- Setting Priorities For Change
Sequential Intercepts for Change: Criminal Justice - Mental Health Partnerships

**Intercept 1**
Law enforcement / Emergency services

**Intercept 2**
Initial detention / Initial court hearings

**Intercept 3**
Jails / Courts

**Intercept 4**
Reentry

**Intercept 5**
Community corrections/Community support

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Adapted from Minet & Griffin 2006
Montgomery County, PA, 2008 – Sequential Intercepts for Change: Criminal Justice - Behavioral Health Partnerships

Intercept 1
Law enforcement / Emergency services

Intercept 2
Initial detention / Initial court hearings

Intercept 3
Jails / Courts

Intercept 4
Reentry

Intercept 5
Community corrections/Community support

General Hospitals/ER/Psychiatric Unit, Freestanding Psychiatric Hospitals

Law Enforcement
60 plus law enforcement agencies

Arrest

Initial Detention
Montgomery County Correctional Facility

Preliminary Arraignment
511 Municipal District Jails

Preliminary Hearing

Bail

Montgomery County Emergency Services (MCES): Sole Designated Facility for involuntary civil commitment for Adults (302)

Outpatient Mental Health Services

Pennsylvania Department of Corrections

Violations

Probation & Parole

• Specialized Probation Unit
• Other

Probation & Parole

Base Service Units

Specialty Mental Health Teams: ACT, CTI, other

Drug & Alcohol Treatment

Jail Reentry

MCES

Drug Court

Mental Health Court (planned)

Pennsylvania Board of Probation & Parole

Violations

Family Support: NAMI

Peer Support: Certified Peer Specialists, Peer Resource Center, Informal Networks

Forensic Regional Center – Norristown State Hospital—Forensic Commitments

Drug & Alcohol Treatment

MCES
Montgomery County
Top 5 Priorities

• Housing
• Central Booking for county with inclusion of mental health diversion
• More mobile outreach services, including for first episodes
• Create Pretrial Services with inclusion of mental health diversion
• Faster access to psychiatric appointments in the jail and the community
Contents of Final Report

• Background and objectives of mapping exercise
• Montgomery County Cross-Systems Map
  – For each intercept:
    • General description of process, data available, and resources
    • Identification of gaps
    • Identification of opportunities
• Montgomery County Priorities
• Additional Resources
• Participant List
• Appendices
Final Report

- First cross-systems picture
- Wide distribution
- Planning reference
- Support for future funding applications
- Reference/resource materials included
- Priorities addressed over time
  - Especially with the CJAB and OBH
- Developmental tool
- Outcome measurement tool
Cross-Systems Mapping Workshop Accomplishments

1. Nurtured cross-system collaboration
   • Neutral, facilitated environment
   • Broad inclusion of interested parties

2. Mapped the local system

3. Identified gaps and opportunities

4. Developed consensus around community priorities
The Sequential Intercept Model Provides:

• Common language
  – Across criminal justice, behavioral health, and other systems

• Big picture look at the intersection of systems

• Ability to drill down to the details while keeping it all in context
Cross-Systems Mapping
plus
Action Planning

Franklin County & Lancaster County
Agenda for the Half Day Action Planning Workshop

• Review of Draft of Map along with Identified Gaps and Opportunities

• Develop Action Plan for Priorities
Franklin County
Top 10 Priorities

• Housing
• Improved Information Sharing
  – Data at front door of jail
  • Even when Missy is not there
• Earliest identification and diversion
  – Increase diversion opportunities at police contact
  – Develop expanded alternatives to arrest
  – Drop off points, non-hospital, and crisis beds
• Explore broad range of engagement strategies
  – Develop effective treatment and supports to help people recognize their mental illness
  – Peer specialists from beginning to end
• Recruit and keep psychiatrists/psychiatric nurse practitioners
• Cross-system education
• Increase strategies to get benefits back
• Expand Pretrial Release and Jail Diversion Programs
• Develop more strategies to increase non-county funding sources for human services
• Increase transportation options
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<th>Objective</th>
<th>Action Step</th>
<th>Who</th>
<th>When</th>
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| 1.1 Engage and use community resources that may be interested in this issue | - Get a number of groups interested in this issue together to pool resources  
- Give them the information and direction to be able to lead  
- Approach the jail's faith-based volunteers about being involved | | |
| 1.2 Discuss issue with CJAB | - Perhaps raise issue in Executive Committee meeting in May — Judge Walsh  
- Consider asking CJAB to contract with consultant  
- Consider requesting funding from PCCD — perhaps a CJAB enhancement fund grant  
- Look at money available right now (Cumberland County, for example) | CJAB — Alaina Ingels | |
| 1.3 Begin educating landlords to provide housing for this population | - Get County endorsement and leadership  
- Identify landlords willing to work with this population  
- Examine the work Allegheny County is doing working with landlords (outreach to landlords, 24/7 support)  
- Discuss issue in Housing Authority meeting at the end of the month  
  - Ascertain Housing Authority’s willingness to take leadership role, given history of working with developing housing for people with severe mental illness  
  - Timing is good to approach landlords given the large amount of available commercial and residential space  
- Look at Diana Myers and Associates’ work in the state | Kim — Raise issue with Housing Authority in meeting scheduled the end of April | |
| 1.4 Coordinate county agencies and various groups working separately on these issues | - Local Housing Options Teams (LHOT)  
- Develop buy-in from local housing authority | | |
| 1.5 Inventory what is now available | - Start with a review of what data is available across the systems  
- Tracy as a contact person (had a grant)  
- Identify groups/organizations that are open to renting to this population | | |
For more information

www.pacenterofexcellence.pitt.edu

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