



Pennsylvania System of Care Partnership Retreat April 2011

National Effort

- This Children's Mental Health Initiative was first authorized in fiscal year 1992 by section 561-565 of the Public Health Service Act, as amended.
- This program has funded a total of 173 grantees across the country now, including our Pennsylvania System of Care Partnership.

DEFINING SYSTEM OF CARE...

A PARADIGM SHIFT



System of Care is, first and foremost, a set of values and principles that provides an organizing framework for systems reform in partnership with youth and families.



Characteristics of Systems of Care as Systems Reform Initiatives

FROM

TO

- Fragmented service delivery → Coordinated service delivery
- Categorical programs/funding → Multidisciplinary Teams and
- Array of services only → Individualized services & supports
- Reactive to crises → Crisis prevention planning
- Focus on high use/restrictive → Least restrictive settings
- Youth out-of-home → Youth in families & communities
- Centralized authority → Community-based responsibility
- Creation of “dependency” → Empowerment/active participation



Characteristics of Systems of Care as Systems Reform Initiatives

<u>FROM</u>		<u>TO</u>
Youth-only focus	→	Family as focus
Needs/deficits assessments	→	Strength-based assessments
Families as problems	→	Families as partners
Youth as problems	→	Youth as partners
Cultural blindness	→	Cultural/linguistic competence
Highly professionalized	→	Coordinated with informal and natural supports
Youth/family must fit services	→	Individualized approach
Input-focused accountability	→	Outcome/results-oriented
Funding tied to programs	→	Funding tied to populations

System Reform/Transformation Focuses On...

- **Policy Level** (e.g. financing; regulations; rates)
- **Management Level** (e.g. data; quality improvement; human resource development; system organization)
- **Frontline Practice Level** (e.g. assessment; care planning; care management; services/supports provision)
- **Community Level** (e.g. partnership with families, youth, natural helpers; community buy-in)



Shifts in Roles and Expectations of Families and Youth



The Pennsylvania System of Care Partnership will transform the way that the categorical systems work with youth and families that have complex needs and are involved in mental health plus child welfare, and/or juvenile justice.

Population of Focus

- Youth ages 8-18, who have serious mental health needs that are not exclusively on the Autism Spectrum, and their families
- These youth are also currently receiving services from the child welfare and/or juvenile justice systems
- And they are in or at risk of out-of-home placement

Pennsylvania's Opportunity

Six years of funding (2009 – 2015)

- We will receive \$9 million in federal funds
- We have agreed to provide approximately \$9 million of matching or in-kind contributions
- Over 1,000 youth and families will be served during the course of this SAMHSA cooperative agreement.

Cooperative Agreement

With SAMHSA funds, the Commonwealth has agreed to provide:

- Effective leadership for change
- Family driven, Youth driven and culturally proficient work
- Collaboration and service integration
- Evaluation of outcomes and cost efficiencies
- Key Staffing
- Logic model and strategic plan
- Plan for sustainability

The Starting Commitment

- 15 counties will be chosen to participate over the next 5 years
- Each participating county will:
 - build a system that includes High Fidelity Wraparound, the practice model defined by the National Wraparound Initiative
 - serve at least 25 youth annually from the population of focus

High Fidelity Wraparound

A vital component of the System of Care Initiative

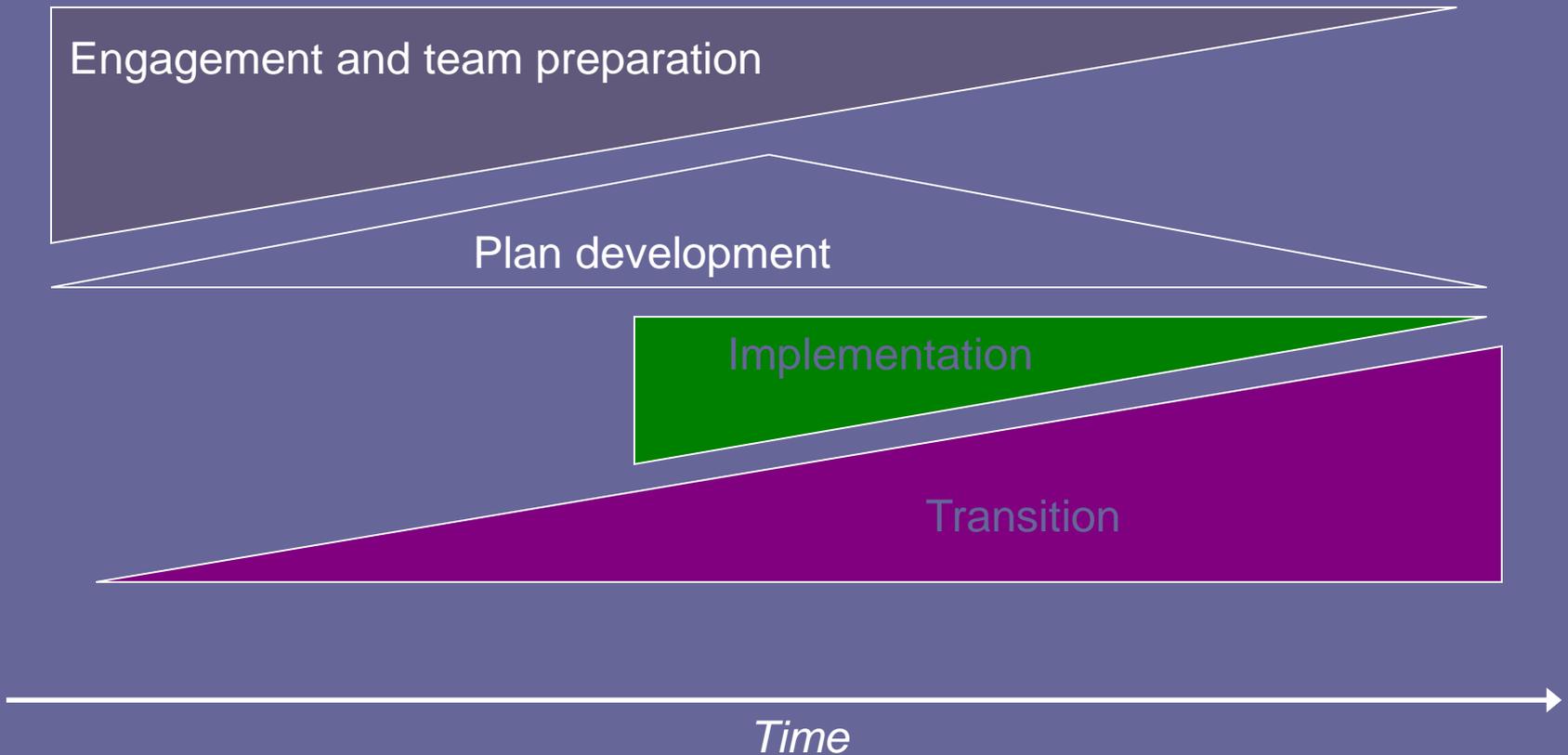
High Fidelity Wraparound It's NOT Wraparound as we in Pennsylvania know it

- It is not a service,
- It is not a program,
- It requires extensive training, coaching, supervision, and monitoring, and
- It relies on Natural Supports
- It involves unique staff positions including a coach, a facilitator, a youth support partner and a family support partner
- It is a vital component of the System of Care Partnership

High Fidelity Wraparound

- The plan is developed and implemented by a youth and family centered team, consisting of the youth, the family and the three to seven people who care and know the child and family best.
- The process is individualized based on the strengths and culture of the child and their family and is needs, rather than services, driven.
- Professional services are involved, but natural supports are 50% or more of the plan

Phases of Wraparound



Youth and Family Training Institute

- Provides training and credentialing
- Provides coaching
- Conducts on-going evaluation using the Wraparound Fidelity Index
- Continues to provide support for counties implementing HFW
- Provides information and education

What Does the Research Say?

High Fidelity Wraparound within a System of Care can produce significantly better outcomes for children and families with significant needs than traditional approaches:

- Decreased restrictiveness of residential environments
- Improved behavior and mental health symptoms
- Improved school and early care outcomes
- Decreased family and child safety issues and risk factors
- Increased family engagement and satisfaction with services
- Increased family resources to support their own children

Pennsylvania System of Care

- the Structure

State Leadership Team

- 50% are youth and families who have personal experience to guide the team
- 50% are representatives and system partners from
 - Mental Health,
 - Child Welfare,
 - Juvenile Justice (JCJC and PCCD),
 - Governor's Commission on Children and Families,
 - Drug and Alcohol
 - Education

The State Leadership Team includes:

- Shaheed Days Youth
- Ellen DiDomenico Executive Director, Governor's Commission on Children and Families
- Alex Knapp Youth
- Stan Mrozowski Director, Bureau of Children's Behavioral Health Services
- Laurie Mulvey Family member
- Chris Nobles Youth
- Valarie Oulds-Dunbar Family member
- Michael Pennington Director, Office of Juvenile Justice, Pennsylvania Commission on Crime and Delinquency
- Robin Rothermel Director, Bureau of Drug and Alcohol Programs
- Tom Seben Division Chief, Division of Monitoring and Improvement – West, Bureau of Special Education
- Keith Snyder Deputy Director, Juvenile Court Judges Commission
- Karan Steele Family member
- Ladona Strouse Family member
- Cathy Utz Acting Deputy Secretary, Office of Children, Youth and Families

There are Staff whose sole focus will be System of Care development at the State and in the Partner Counties.

Staffing Requirements

Project Director — Karen Mallah

Lead Evaluator — Antonio Fevola

**Family Involvement/Cultural Competence
Specialists** — Marsha Banks and Crystal Karenchak

**Youth Involvement/Cultural Competence
Specialists** - Crystal Davis and Brian Satterfield

**Communications, Training and Technical
Assistance** - TBD

Additional evaluation staff - TBD

Key Partners

- **PA Families Inc** is Pennsylvania's SAMHSA funded statewide family organization that hires and provides supervision to the Family Involvement/Cultural Competence Specialists
- **The Youth and Family Training Institute** at UPMC is responsible for the implementation and monitoring of High Fidelity Wraparound, which will be the fundamental youth and family team process for all partner counties.

Partnership Vision

Every youth and family in Pennsylvania will be able to access and navigate a unified network of effective services and supports that are structured in adherence to System of Care values and principles.

Partnership Mission

The youth, family, and system leaders of Pennsylvania will work as equal and trusted partners in creating sustainable change which will empower youth, families, and all youth-serving systems to be responsible and accountable for outcomes that lead to the fulfillment of hopes and dreams.

Partnership Parameters

- Youth driven
- Family driven
- Equal partnership in governance
- Integrating child-serving systems in partnership with youth and families
- Maintaining an inventory of existing programs and services
- Acknowledging and valuing natural and community supports

Partnership Parameters

- Assuring cultural and linguistic competence
- Simplifying points of referral
- Diverting pre-adjudicated youth
- Establishing an inter-agency assessment process
- Sharing information appropriately
- Funding services and supports
- Gathering and reporting data

The Ultimate Vision

- We've begun with 5 Counties: Chester, Erie, Lehigh, Montgomery, and York
- We will choose 5 more counties in fall 2011 and five more in 2012
- Our goal is that these counties transform their systems, using this structured, youth driven and family driven approach to working with youth in complex, multi-system situations
- And that Pennsylvania will expand the structured approach to System of Care development to *all* Pennsylvania counties
- We are applying for a one year grant from SAMHSA that we will use to plan our System of Care expansion